

Paying homage and taking refuge

Paying homage to the Buddha



Namo tassa bhagavato arahato samma sambuddhassa! Namo tassa bhagavato arahato samma sambuddhassa! Namo tassa bhagavato arahato samma sambuddhassa!

Homage to the blessed, noble and perfectly enlightened one

Going for refuge



Buddham saranam	I go to the Buddha for
gachchami	refuge
Dhammam saranam	I go to the Dhamma for
gachchami	refuge
Sangham saranam	I go to the Sangha for
gachchami	refuge

Conig for forage	Going	for r	efuge
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Dutiyampi Buddham	For a second time, I go to
saranam gachchami	the Buddha for refuge
Dutiyampi Dhammam	For a second time, I go to
saranam gachchami	the Dhamma for refuge
Dutivampi Sangham	For a second time I do to

saranam gachchami

For a second time, I go to the **Sangha** for refuge

Conig for forage	Goi	ing	for	refuge
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- Tatiyampi BuddhamFor a third time, I go tosaranam gachchamithe Buddha for refugeTatiyampi DhammamFor a third time, I go to
- saranam gachchami
- Tatiyampi **Sangham** saranam gachchami

For a third time, I go to the **Sangha** for refuge

the **Dhamma** for refuge

The Five Precepts



Pānātipātā veramani sikkhāpadam samādiyāmi

I undertake the precept to abstain from harming or killing living beings





Adinnādānā veramani sikkhāpadam samādiyāmi

I undertake the precept to abstain from stealing or taking what has not been given to me

The Five Precepts



Kāmesu micchā-cārā veramani sikkhāpadam samādiyāmi

I undertake the precept to abstain from the wrong use of the five senses





Musāvādā veramani sikkhāpadam samādiyāmi

I undertake the precept to abstain from lying



Surā meraya-majja-pamā-datthānā veramani sikkhāpadam samādiyāmi

I undertake the precept to abstain from using drugs or drinking alcohol



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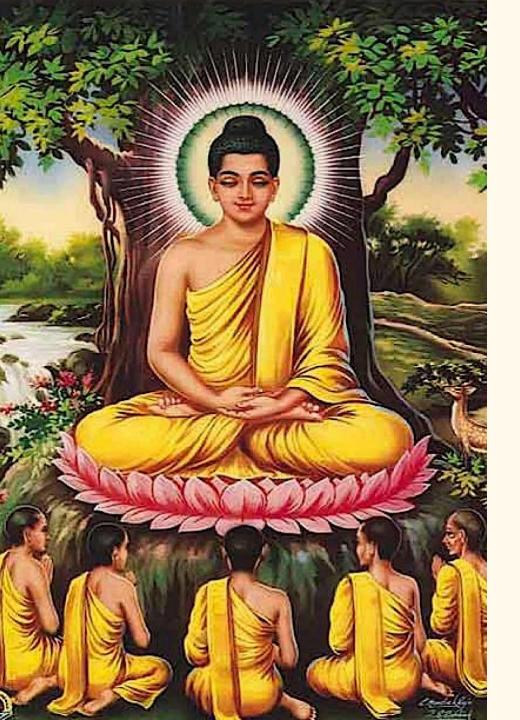
Paying respect to the Buddha

Iti pi so Bhagava araham Samma sambuddho

Vijjacarana sampanno sugato lokavidu

Anuttaro Purisadhamma sarathi

Satta deva manussanam Buddho Bhagavati





Paying respect to the Dhamma

Svākkhāto Bhagavatā Dhammo Sanditthiko Akāliko

Ehi-passiko Opanayiko Paccattam veditabbo viññuhi



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Paying respect to the Sangha

Supatipanno Bhagavato sāvaka sangho Uju patipanno Bhagavato sāvaka sangho Ñyāya patipanno Bhagavato sāvaka sangho Sāmīci patipanno Bhagavato sāvaka sangho Yadidam cattāri purisa yugāni Attha purisa puggalā



Paying respect to the Sangha

Esa Bhagavato sāvaka sangho **A**huneyyo Pāhuneyyo Dakkhineyyo Anjali karanīyo Anuttaram puññak-khettam lokassā ti

Vandāmi cetiyam We pay our sabbam respect to the Sabba tānesu chaithya because patitthitam the Buddha's relics Sārirīka dhātu Mahā bodhim are kept inside it Buddha-rūpam sakalam-sadā

We pay respect to the Bodhi tree because the **Buddha became** enlightened under it

Yassa mūle nisinnova Sabbāri vijayam akā Patto sabbaññutam Satthā Vande tam Bōdhipādapam

We pay respect to Ime ēte Mahā-Bōdhi 🗧 the Bodhi tree Lōka-Nāthena pūjitā Ahampi te namassāmi because the Bōdhi-rājā namatthu Buddha became enlightened under it

Light is a symbol

of wisdom and

understanding

Ghana sārappa dittena Dīpena tama dhansinā Tiloka dīpam sambuddham

Pūjayāmi tamo nudam

Incense is a symbol of the virtue and goodness

Gandha Sambhāra yuttena Dupenaham sughandina Pūjaye pūjanīyam tam Pūjā bhājana

muttamam

Water and

medicinal drinks

are a symbol of good health

Sugandhang sīthalang kappang Pasanna madurang subag Pānīya mētang Bhagavā Patiganhātu Muttama

Water and

Adivasetu no Bhante

medicinal drinks are a symbol of good health

Gilana paccayam imam Anukampam upadaya Patiganhatu muttama

Flowers are a

symbol of

impermanence

Vanna gandha

gunopetam

Etam kusuma santatim Pūjayāmi munindassa Sirīpāda saroruhe

Flowers are a

symbol of

impermanence

Vanna gandha

gunopetam

Etam kusuma santatim Pūjayāmi munindassa Sirīpāda saroruhe We ask for

mind

Kāyena vācā cittena

forgiveness for

whatever we may

have done through

body, speech and

Pamādena mayā katam Accayam khama me Bhante - Bhūri-pañña

Tathāgata

We ask for Kāyena vācā cittena Pamādena mayā forgiveness for katam whatever we may Accayam khama me have done through Dhamma - Sanditthika body, speech and akālika mind

We ask for Kāyena vācā cittena Pamādena mayā forgiveness for katam whatever we may Accayam khama me have done through Sangha - Supatipanna body, speech and anuttara mind

We make an

Iminā puñña kammena

aspiration to have

good friends

Māme bāla samāgamo Satam samāgamo hotu

Yāva nibbāna pattiyā

We share merit

with devas or

divine beings

Ākāsatthācha bhummattā



Devā nāgā mahiddhikā

Puññam tam anumōditvā

Ciram rakkhantu lōkasāsanang We share merit

with devas or

divine beings

Ākāsatthācha bhummattā



Devā nāgā mahiddhikā

Puññam tam anumōditvā

Ciram rakkhantu desanang We share merit

with devas or

divine beings

Ākāsatthācha bhummattā



Devā nāgā mahiddhikā

Puññamtag anumōditvā

Ciram rakkhantu mang parang

