

Sri Lanka Buddhist Vihara
Perth - Western Australia
Dhamma School



මව් පිය උපහාර උළෙල
Maw Piya Upahara Ulela

2024

Sunday, November 10th @ 3.45PM

📍 Armadale District Hall



Programme

- 3.45PM** **Arrival of Guests and Parents**
- 4.00PM** **Observing Five Precepts**
- 4.05PM** **Lighting the Oil Lamp**
- 4.15PM** **Welcome Speech by - Kusala Liyanage-Vice President (Education) SLSBS**
- 4.20PM** **“Anusasanawa” - Venerable Beruwala Sri Sobitha Thero**
- 4.25PM** **Class Presentation - Level 01 to Level 04**
- 5.05PM** **Awarding of Certificates - Level 01 to Level 04**
- 5.25PM** **Walk down the Memory Lane - Visual Presentation**
- 5.30PM** **Class Presentation - Level 05 to Level 07**
- 5.50PM** **Awarding of Certificates - Level 05 to Level 07**
- 6.10PM** **Appreciation of Teachers**
- 6.20PM** **Vote of Thanks - Secretary DSPTC**
- 6.25PM** **“Maw Piya Upahara”**
- 6.50PM** **Refreshments**



Loving & Forgiving

Worshipfully

I offer this flower to you

My dear mother

dear father

A token of my love

And respect

And I ask your forgiveness

If I have hurt you

Through carelessness

Of speech or deed.

May I be forgiven?

I forgive precious child of mine

Without hesitation

Without reservation

*With a heart full of
boundless love of metta*

Which parents

Know full well.

Like no other does.

Be Well.

Be Happy.



Message from Ven. Beruwala Siri Sobhitha



මව්පිය උපහාර වන්දනාව

ගුණවත් මව්පියවරු ගුණවත් බවේ අගය හඳුනාගනී. ගුණවත් හා නැණවත් මව්පියවරු එහි අගය මැනවින්ම හඳුනා ගනිති.

දරුවා මව් කුසට ඒමට ප්‍රථමයෙන්ම එවන් දරුවකු ප්‍රාර්ථනා කරති. මව්පියවරු ඔවුනොවුන් හා කතාවේදී ද බොහෝ විට සාකච්ඡා වන්නේ මෙයම නොවේද ?

එවැන්නෝ තම ප්‍රාර්ථනා සපල කර ගනිති. මුළු ජීවිතයම බිහි වූ දරුවා වෙනුවෙන් කැප කරති. පුද්ගලික සැප ඉවතලා දරුවා වෙනුවෙන් කැප වන්නට ඔවුන්ට නිරායාසයෙන්ම හැකි වන්නේ ඒ නිසාය. බුද්ධි වචනයේ එන “පුබ්බාවරිය” එනම් පළමු ගුරුවරු ලෙස සඳහන්වන දෙමව්පියන් බුදු වදන මැනවින්ම සනාථ කෙරෙති.

එනිසා ගුණානුෂා බෙලෙන් යුතු වූ ඔබද උපහාර ලබන්නට සුදුසු වේ. ඔබ ලබන මේ උපහාරය සමස්ත සමාජයේම යහගුණ වර්ධනයට හේතු වේ. මව්පිය උපහාරය ගුණවත් - නැණවත් දරුවකු වන්නට දරුවාට ලබා දෙන ප්‍රබල පන්නරයන් බව නිසැකය.

තෙරුවන් සරණයි....

සසුන් ලැදි
ගරු බේරුවල සිරි සෝභිත ගිමි
විහාරාධිපති ඕස්ට්‍රේලියාවේ ප්‍රධාන සංඝනායක ස්ථවිර
පර්න් ශ්‍රී ලංකා බෞද්ධ විහාරය
දෙදහස් විසි හතරේ නොවැම්බර් දහ වන දින



Message from Vice President Education



It gives me a great pleasure in sending this message to "Maw Piya Upahara" organized by Perth Dhamma School. Maw Piya Upahara is about expressing love and respect to our parents. According to Buddhist teaching our existence in this life is just one step in a long cycle of birth and death with an incredible beginning and we are born into this world as human with the help of our parents. So, there are countless things done by parents to raise a child.

Dear Students, Parents play an irreplaceable role in your lives. This relationship has a profound impact on your mental, physical, social and emotional development. This relationship is also very important for your well being and happiness. Parents help you in every step of your life. As we grew from newborns into toddlers, who taught us to talk and to walk, and later to read? How much time and effort did our parents devote to keeping us warm, fed, and safe? Even as they did all these things, they also worked very hard and had other responsibilities. That means you have an even greater responsibility as a child to listen to your parents, respect them, be disciplined, be grateful for their dedication and hard work, and love them back.

Maw Piya Upahara is one of the best ways to express your gratitude for parents. These types of events are priceless, and children learn a lot from this.

I extend my best wishes to all students and sincere thanks to teachers, committee and those who organized the event.

Kusala Liyanage

Vice President (Education)

Sri Lanka Sinhalese Buddhist Society (SLSBS)

Perth - Western Australia

2024-11-10



Dhamma School Coordinator's Report - 2024



2024 has been a very good year for the Dhamma School. Enrolments have increased and attendance has been regular.

We have sailed smoothly with most of our regular programmes accomplished.

Our thanks to the excellent committee that sees to all administrative needs. They see to enrolments, sale of books and uniforms leaving the teachers free to get on with their work. The classrooms are always set up and the shrine room ready for the Buddha Puja in time. They are at hand to photocopy lessons and always have a cup of tea ready for the teachers when they finish. At the end the day, things are kept away and rooms cleaned.

The DS extends a very warm welcome to the new committee. We see many of the previous committee continuing and thank them for their dedication and service. However, the DS would appreciate greatly more parents attending meetings and coming forward to help. It is for the sake of our children, for their welfare and happiness now and in the future that we commit ourselves. The gift of Dhamma is greater than everything else, the education the comforts, that we can give them.

For the first time, The Dhamma School is having the Mawu Piya Upahara in November and not at the end of the academic year as before. December is a very busy time for everyone and with exams, holiday plans, end of year office functions and the like, and there many who are unable to attend the MPU. Response from parents has been good and we have a full hall with most children participating.

This year Vesak celebrations at the temple were on a grand scale as the adjacent property had finally been acquired and there was plenty of space for activities. The children sang bhakthi gee as they have been doing from the first Vesak at the temple. Parents organised a dansala as they have for over two decades. However, with increasing numbers of people attending Vesak celebrations, the Dhamma School finds it difficult to cater for the dansala on its own and have others help in the preparation of food. On the first day there had been well over 2000 plates served! Once upon a time, 200 plates served was a cause for wonder!

For Poson, the Dhamma School constructed a model of the Arahat Mahinda meeting King Devanampiyatissa at Mihintale.

In July we made a collection for the Food Bank as our dana project. In a country where there are no beggars to be seen [we are noticing homeless people here and there though] we must remember that there is poverty and food insecurity in the wider community. More and more families find it hard to have three good meals a day. We talk to the children about this and encourage them to give and share.

(continued on next page....)



Dhamma School Coordinator's Report - 2024



The Vas season ended last month with the katina ceremony and celebrations. Every year the children lead the perahera carrying flags and sesath and riding their decorated bicycles. It is good to see so many parents make the effort to bring the children along so early in the morning.

Next year the Dhamma School hopes to invite venerable monks to spend their rains retreat at the temple [vas Aaradhana]. When the community was small and there were far fewer members, The Dhamma School was able to sponsor the Vas more regularly. For the first few years it was every other year – then it was once in three years and now it's moved to five years! It is an opportunity for many young families to gain experience in carrying out our traditional practises. Some day you might be doing it on your own!

When the property next door was acquired last year, there was great excitement that the Dhamma School would be able to move to the building there. At least the classes conducted in the dana sala, we hoped. The teachers of L 3,4 and 5 work under very difficult conditions as the acoustics there are terrible. Noise echoes and reverberates and it's not easy to keep young children quiet. Also, they need to talk and have discussions as part of their lesson. Sadly, we found that the rooms were too small, and it was not possible to make them larger as the walls were load bearing and couldn't be brought down. So, the school continues as before till someday proper classrooms can be built.

Our staff has remained stable for the most part. We reluctantly let Malika Fernando resign after 10 years of loyal, dedicated and excellent service to the Dhamma School. Like others who have left due to pressure of work, Malika remains very much part of the Dhamma School family and comes in to help when required.

Chathu Jayawardena offered her services and has been coming in as relief teacher.

One of our senior students Nethuli Sirikumara volunteered to continue coming after three years in the senior class, to help the teachers of the junior classes.

We still need more relief teachers and hope that there are parents reading this who would like to volunteer. It is not a hard job, only needing dedication. Lessons are in place and all of you have enough knowledge to be able to teach. You will get all the support you need. Please do come forward, especially if you have experience teaching. We look forward to hearing from you!

To end we pay our respects to our Nayaka Hamuduruwo and patron, Ven. Beruwala Siri Sobhitha Maha thero, and thank him for his support and guidance.

With metta

Ramani Gunasekara

Coordinator-Perth Dhamma School





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 01



Front Row (From left to right) :

Amana Vithana, Yenul Weerasooriya, Sethuki Weligampola, Teshali Jayawardena, Sansith Hitapu Ralalage, Siyana Wijesekara, Liya Haputhanthree, Gesand Arvya Hewage Perera

Back Row (From left to right) :

Sayumi Premarathna, Akeinya Weligamage, Soniru Thilakarathne, Ewin Dabare, Binuthi Ranathunga, Vethuja Athukorala, Chenumi Thambawita

Absentees : Evin Kottage, Gothmira Meerigama, Keili Keyara, Methuki Sanulya, Pahan Henkanaththegedara, Saija Nalla Nallaperuma, Sandes Poddiwela Hewage, Senudhi Pathirana, Tharuli Hesanya, Yashen Alahakoon, Yehen Watawala, Yenuli Gunawardena, Yuthmin Hiruka Kodithuwakku

Class Teacher - Mrs. Gayathri Jayawardana Assistant Teacher - Ms. Nethuli Sirikumara





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 01



You Raise Me Up

*When I am down and, oh my soul, so weary
When troubles come and my heart burdened be
Then, I am still and wait here in the silence
Until You come and sit awhile with me.*

*You raise me up, so I can stand on mountains
You raise me up, to walk on stormy seas
I am strong, when I am on your shoulders
You raise me up to more than I can be*

To my Mum and Dad with LOVE





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 02



Front Row (From left to right) :

Aneli Henadhira Pathirage, Senya Maitipe, Onelly Jayasekara, Senul Vithana, Meenu Narayana, Dylan Gamage, Mayon Cooray, Shenuka Ranathunga, Chirani Senevirathne

Absentees : Abeeth Mindinu Verarachchi, Senon Muthuarachchi, Linadee Jayasinghe, Ayen Gunasena, Basuru Yonal Bandara, Chenuthi Sahasna, Dinuth Nimsara Alahakoon, Tesadee Peiris, Sahas Lakunthe Dharmasena, Vidushi Mara Pathirage, Siyath Epa



Class Teacher - Mrs. Sewwandi Narasinghe



Sri Lanka Buddhist Vihara Perth Western Australia

Dhamma School

Level 02



Our Temple - අපේ පන්සල

In Level 2, students engaged in an enriching learning experience by first visiting the temple, where they familiarized themselves with the temple complex and its significance to the community.

This initial exploration deepened their understanding and appreciation of the temple's role in their knowledge. They also created Chithya models, gaining insight into the different types of stupas and their cultural importance.

Throughout these activities, all students actively participated and thoroughly enjoyed the crafting sessions. This hands-on approach not only fostered creativity but also reinforced their knowledge of Buddhist architecture and principles, making it a memorable experience for everyone involved.





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 03



Front Row (From left to right) :

Awyana Kandambige, Hewa Alankarage Senudhi, Damindu Dharmakirti, Sienma Peiris, Kennon Zoysa, Sehansa Udawaththa

Back Row (From left to right) :

Nethuli Rupasinghe, Anuki Athukorala, Dineli Mudannayake, Sashiru Vithana, Oshen Abeyrathne, Manuka Senanayake, Mauli Ranaweera

Absentees : Ayon Kukulugala, Daham Bulumulla, Ivein Koralage, Sanuki Kottage, Sayuni Premarathna, Senuth Dinsara Alahakoon, Shenuli Samarawickrama, Siyath Epa, Tharith Karunarathna, Thenuk Vidanagama, Susandi Anya Katalbaddage

Class Teacher - Mrs. Rajika Perera





Sri Lanka Buddhist Vihara Perth Western Australia

Dhamma School

Level 03



The Story of Chaththa Manawaka

A Story about a young boy named Chaththa, who lived during the times of the Buddha. The most compassionate Buddha saw with his divine eye that Chaththa was about to face a great danger and Buddha wanted to help him and went see him.

Buddha taught Chaththa the value of the asked him to follow the precepts. Chaththa was so happy observed the five Precepts and vowed to protect them.

Buddha taught the qualities of the Noble Triple Gem to Chaththa using three gatha. Then Chaththa started his journey again and met group of thieves and they started to beat him to death. But he was thinking only about the qualities of the Supreme Buddha, the Noble Dhamma, the Noble Sangha and the precepts. He was reborn as a deva in heaven, because he took refuge in the triple gem and observed the five precepts, it is so beneficial to have a pleasant mind about the triple gem and to follow the precepts.





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 04



Front Row (From left to right) :

Sanuri Kurukulasooriyage, Senuth Bandara Samarakoon, Sahan Wijesooriya, Sahan Gunawardena,
Sukhee Haputhanthree, Rumeth Bandara,

Back Row (From left to right) :

Vihen Alahakoon, Siheli Galappaththy, Sesandi Thebuwana, Senumitha Rathnayake, Osindi Hitapu Ralalage

Class Teacher - Mrs. Charunya Abeysinghe Assistant Teacher - Mrs. Yuthika Punchihewa





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 04



Nine Qualities of the Buddha

The Buddha has many good qualities. We are aware that even if we speak about the qualities of the Buddha over our lifetime without doing anything, our life will be over, but we cannot finish saying the qualities of the Buddha.





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 05



Front Row (From left to right) :

Thinuli Brahmana Mudiyansele, Apurva Sahabandu, Herschel Wijesinghe, Anukie Obeysekera

Back Row (From left to right) :

Divshah Muthuarachchi, Omindu Mendis, Minara Abeyweera, Thinush Paranavithana

Absentees : Aavin Moneesha Liyanarchchi, Gagana Pothpitige, Mikella Abeysinghe Arachchige, Okithi Hettihewa, Seja Wijethunga, Sethuli Rajakaruna, Sithumi De Silva, Thenuli Peiris



Class Teacher - Mrs. Nadeesha Dias



Sri Lanka Buddhist Vihara Perth Western Australia

Dhamma School

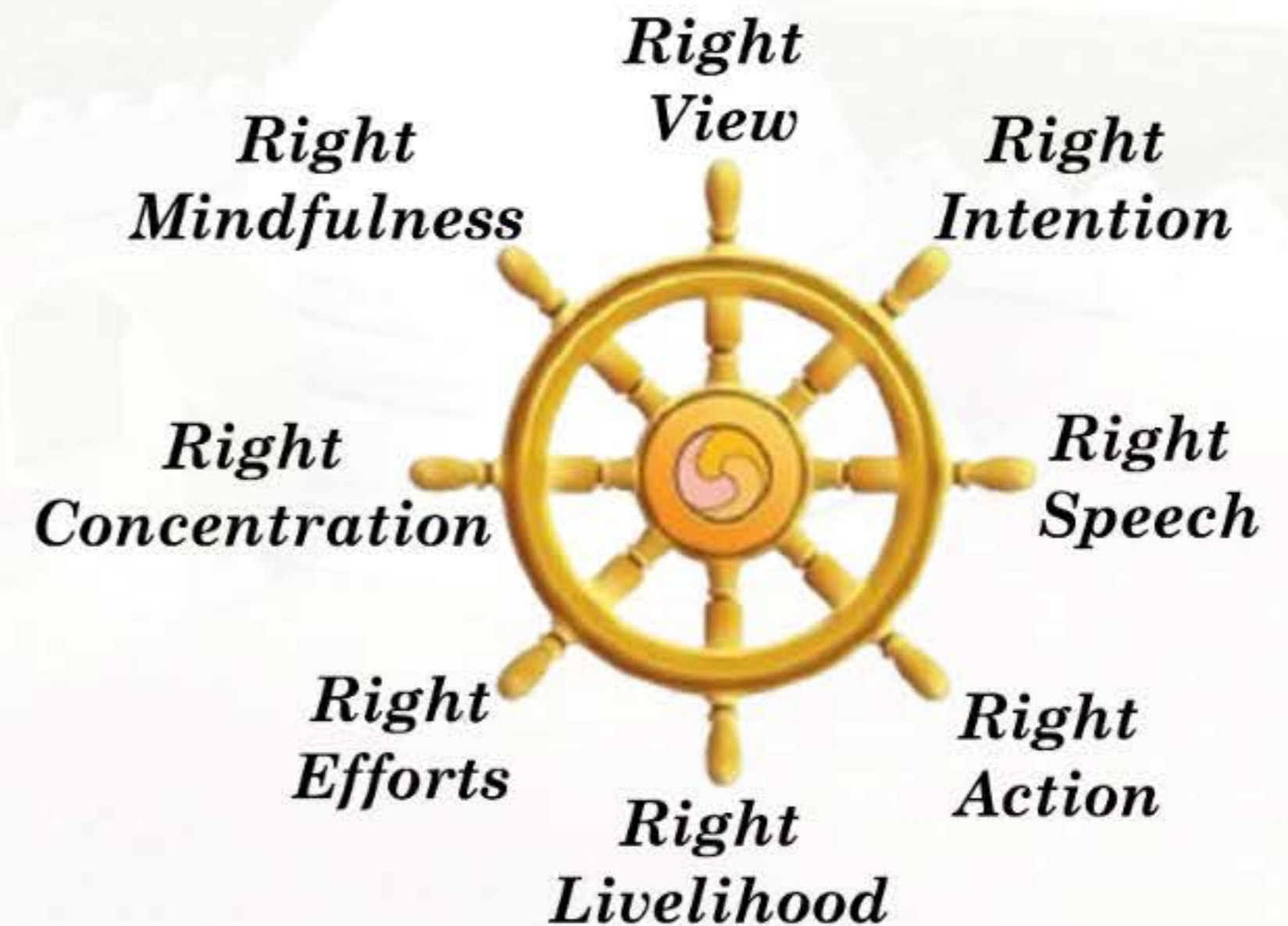
Level 05



Eight Noble - Fold Path

The Eightfold Path of Buddhism deals with eight moral and philosophical concepts that one needs to practice in order to attain enlightenment. The eight parts refer to the correct application of thought, intention, speech, action, livelihood, effort, mindfulness, and concentration.

The eight spokes of the Dhamma Wheel represent the Noble Eightfold Path, a central teaching of Buddhism that guides individuals towards spiritual awakening and liberation.





Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 06



Front Row (From left to right) :

Sanaya Wijesooriya, Kevon Peiris, Sayuthmee Rathnayake, Sineli Rathnayake

Back Row (From left to right) :

Thusini Gamage, Senul Sirikumara, meliya Kandambige, Senudi Pulasinhage

Absentees : Akein Nawarathna, Kehan Hettiarachchi, Nethaya Manamendra, Senudi Tinaya De Vas, Tanuli Samarawickrama, Thishani Wimalarathne, Thivain Koralage

Class Teacher - Mrs. Jewa Pandithasekara Dhamma School Coordinator - Mrs. Ramani Gunasekara



Kisa Gothami

During the time of the Buddha, in the city of Savasti, lived a young woman named Gothami who had been into a very poor household.

She was so thin that people called her Kisa Gothami meaning Skinny Gothami. Kisa Gothami married a merchant. After a few years, her fortune favored her. She became pregnant and gave birth to a son. But the happiness of having a child did not last long. When her only son was one year old, he fell ill and died suddenly. Kisa Gothami was struck with grief; she could not bear the death of her only child. She went straight up to the Buddha and kneel at his feet, crying out to him. "Lord Buddha, I beg you. Please give me the medicine which I need to wake my child from his sleep. The buddha told her that he could bring the child back to life if she could find white mustard seeds from a family where no one had died.

She desperately went from house to house, but to her disappointment, she could not find mustard seeds from house that had not suffered the death of a family member. She realizes that death is common to all and returns to the monastery to thank the Buddha. She asks to become a nun and eventually achieves nirvana.

The Buddha taught Kisa Gothami that death and suffering are inescapable, and that grieving will not bring peace of mind.



Theory of Impermanence - Anicca
This Impermanence leads to the development of Suffering - Dukkha



Sri Lanka Buddhist Vihara Perth Western Australia
Dhamma School
Level 07



Front Row (From left to right) :

Lehan Hewa Alankarage, Senudi Premarathna, Arundee Sahabandu, Sethuni Premarathna

Back Row (From left to right) :

Omaya Kurukulasuriyage, Onara Narayana, Yasaga Henadhira Pathirage, Sahanya Nevindi Udawaththa,
Bomira Lihiniyakumara

Absentees : Agratha Perera, Manuli Rajakaruna, Oshini Bulumulla, Anuk De Silva,
Chenuki Obeysekera, Moditha Bulumulla, Thenu Nallaperuma,

Class Teacher - Mrs. Darshani Tharanga Thotagamuwage





Sri Lanka Buddhist Vihara Perth Western Australia

Dhamma School

Level 06 & 07



Our act is about the Scales of Extreme

One side is good/happy and the other side is bad/sad.

Our take-away message is that swinging from each side will not make a positive impact to our lives.

The best way to eliminate all swings is to get rid of the mark that defines good and bad.

We just need to try to get rid of the pivot in the middle (in simple language, the zero) which defines the good and bad (positive and negative).





Sri Lanka Buddhist Vihara Perth Western Australia



Teachers



Front Row (From left to right) :

Ms. Nethuli Sirikumara, Mrs. Rajika Perera, Mrs. Nadeesha Dias, Mrs. Darshani Tharanga Thotagamuwage, Mrs. Ramani Gunasekara (Dhamma School Coodinator), Mrs. Gayathri Jayawardena, Mrs. Yuthika Punchihewa, Mrs. Sewwandi Narasinghe,

Absentees : Mrs. Charunya Abeysinghe, Mrs. Jeewa Pandithasekara, Mrs. Chathu Jayawardhane





Dhamma School Parents & Teachers Committee 2024/25



Front Row (From left to right) :

Kasun Sirikumara, Benura Vithana, Nethuli Sirikumara, Rajika Perera, Darshani Tharanga Thotagamuwage, Nadeesha Dias, Yuthika Punchihewa, Sevbandi Narasinghe, Mohan Obeysekara

Back Row (From left to right) :

Pramodh Gunawardhana, Waruna Epa, Yasas Pathirage, Sudarsha Dayarathna, Bharatha Kurukulasuriyage, Sasika Hewage, Gayathri Jayawardena, Nuwan Seneviratne, Ramani Gunasekara, Sumudu Nagahawatta, Priyantha Weligamage, Vindya Mannapperuma, Chandanie Abeyratne, Priyanka Ratnayake, Prabhath Dharmasena, Shamila Ratnayake

Absentees : Charunya Abeysinghe, Jeewa Pandithasekara, Chathu Jayawardane, Kalana Karunarathna, Anuradha Nallaperuma, Dhanushke Samarawickrama, Janaka Rajakaruna, Lakshan Peiris, Shantha Gamage



*Sri Lanka Buddhist Vihara
Perth Western Australia*



Dhamma School

Parent Teacher Committee



*Thank you for your generous support and valuable service.
With your dedication and commitment we have done a great job to have
lasting memories over the year.*

**Please come forward and help us
lay the foundation to shape our
children's future.**

